

To pay for Membership
& Register for Classes



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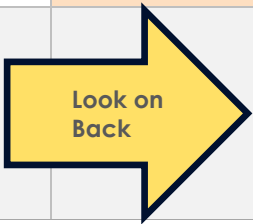
Address: 21404 Koop Dr., Mandeville LA

Phone: 985-898-4435

Email: parentingcenter@stph.org

Website:

sttammany.health/parentingcenter

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Open Play 9a.m.-1p.m.	2  Birthday Party 11a Open Play 9a.m.-1p.m.	3  Science on the Go 10:30 am Open Play 9a.m.-1p.m.	4 Open Play 9a.m.-1p.m.	5
6	7  LABOR DAY Parenting Center Closed	8 Little Learners 10:00 a.m. Craft & Bond 10:30 a.m. Open Play 9a.m.-1p.m.	9 Little Learners 10:00 a.m. Craft & Bond 10:30 a.m. Open Play 9a.m.-1p.m.	10  Ballet 10 am Open Play 9a.m.-1p.m.	11 Open Play 9a.m.-1p.m.	12
13	14 Little Learners 10:00 a.m. Craft & Bond 10:30 a.m. Breastfeeding Support 11:30a Open Play 9a.m.-1p.m.	15 Little Learners 10:00 a.m. Craft & Bond 10:30 a.m. Open Play 9a.m.-1p.m.	16 Little Learners 10:00 a.m. Craft & Bond 10:30 a.m. Open Play 9a.m.-1p.m.	17  Ballet 10 am Open Play 9a.m.-1p.m.	18 Open Play 9a.m.-1p.m.	19 New Daddy & New Mommy Boot Camp 9a.m.-12 p.m.  9-11a.m.
20	21 Little Learners 10:00 a.m. Craft & Bond 10:30 a.m. Open Play 9a.m.-1p.m.	22 Little Learners 10:00 a.m. Craft & Bond 10:30 a.m. Open Play 9a.m.-1p.m.  Infant/Child CPR – 6p	23 Little Learners 10:00 a.m. Craft & Bond 10:30 a.m. Open Play 9a.m.-1p.m.	24  Ballet 10 am Open Play 9a.m.-1p.m.	25 Field Trip – Mrs. Heather's Pumpkin Patch  10:00 a.m. Open Play 9a.m.-1p.m.	26  National Car seat Check Day Location: TBD
27  10:30 a.m. Open Play 9a.m.-1p.m.	28	29 Open Play 9a.m.-1p.m.	30 Open Play 9a.m.-1p.m.  Pet CPR 6-7p.m.			



Monthly Birthday Party Sponsored by Chick Fil A

Wednesday, September 2nd; 11:00 a.m.

Open to all members – come help us celebrate our children who are celebrating their birthdays this month by joining us for cupcakes and chicken nuggets donated by the Hwy 21 Chick Fil A!



Guest Speaker – Nature on the Geaux

Thursday, September 3rd; 10:30 a.m.

Come join us as we welcome Tanee from Nature on the Geaux as we learn about exotic creatures and see and pet them, **Please register online** **COST: Free**

Little Learners

Mondays, Tuesdays & Wednesdays, September 8-9, 14-16, 21-23; 10:00 a.m.

This interactive class is for children and their adults to join in singing songs, exploring with movement, bubbles, and playing musical instruments. Children will gain and practice social skills, transitioning, and more. Adults will learn ways to engage and play with their children in a supportive environment.



Craft & Bond

Mondays, Tuesdays & Wednesdays, September 8-9, 14-16, 21-23; 10:30 a.m.

Join us for an art and craft activity that will allow children to create, develop fine motor skills, and practice independence with their adult's support and encouragement.



Love on Leash

Tuesday, September 9th; 10:30 a.m.

A couple of dogs will be available for our members to interact, pet, hug and play with and learn safe behaviors.



Ballet (ages 3 and older) Christina Connell, Owner of the Conservatory of Ballet Aviv- Instructor

Thursday, September 10th, 17th & 24th at 10:00 a.m. *(PLEASE NOTE – if the class fills, we will add another one)*

Our exciting and educational class is filled with a combination of the best practices of Ballet techniques that help our little ballerinas to gain motor, cognitive, and social skills that will be beneficial for life. **COST: \$50/child**

Family Breastfeeding Support

Monday, September 14th; 11:30 a.m.

This family breastfeeding support group is a peer-led forum designed to allow new parents to share experiences, support and encouragement while receiving lactation support from a professional facilitator. **PLEASE NOTE** - this group meets at the St. Tammany Hospital. **Please register for this class online.** **COST: Free**

New Daddy Boot Camp & New Mommy Boot Camp

Saturday, September 19th; 9 a.m.-12:00 p.m.

This class is for new dads and new moms and is taught by veteran dads and moms with each class meeting separately. New dads will discuss the realities of fatherhood, including caring for baby and mom AND the new moms will candidly discuss the best practices, products that work, and so much more. These are held at St. Tammany Parish Hospital. **COST: \$15/mom/dad**



Walking with Angels Event

Saturday, September 19th; 9:00-11:00 a.m.

Come walk to honor those who have experienced an infant or child loss. Event will start at the Parenting Center. **To register – see QR code**



American Heart Association Family and Friends Infant/Child CPR

Tuesday, September 22nd; 6-8 p.m.



For new parents, caregivers and family members who want to gain the knowledge and skills needed for choking and breathing emergencies in infants/children. No CPR certificate is given. **Please register online.** **COST: \$30/person.**

Field Trip – Mrs. Heather's Pumpkin Patch

Friday, September 25th at 10:00 a.m.



Please meet The Parenting Center staff at Mrs. Heather's Pumpkin Patch (11215 Lee's Lane, Hammond, LA 70401) for some fall fun! There's lots of things to do to celebrate the fall season, plenty of photo-ops and all children will receive a free pumpkin. **COST: Adults - Free; Children 0-12 - \$10; (1 adult per child is free) You will pay**

CASH ONLY at the Farm Entrance. Please register online at www.stammany.health – Field Trip – Mrs. Heather's Pumpkin Patch to register for our headcount



National Car Seat Saturday

Saturday, September 26th 9a.m. – 12:30p.m.

If you need your car seat checked, have questions about the next phase for your growing up child, come see us at this yearly event. The Parenting Center staff plus other trained techs will be there to help. Location – TBD **Cost: Free**



Pet CPR

Friday, July 22nd; 6 p.m.

Come learn the life skills of Pet CPR for Dogs and Cats at the St. Tammany Hospital. **Please register online. Cost: Free**



Story Time

Monday, September 28th; 10:30 a.m.

Come join us as we listen to the St. Tammany Parish Library lady as she shares fun and interactive stories